

NOVEMBER

This institution is an equal opportunity provider

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| | | CHOICE OF CEREAL WHOLE GRAIN CINNAMON BUN FRUIT COCKTAIL VARIETY OF JUICE | CHOICE OF CEREAL WHOLE GRAIN DONUTS PEARS VARIETY OF JUICE | |
| 4 | 5 | 6 | 7 | 8 |
| CHOICE OF CEREAL PANCAKE ON A STICK APPLE VARIETY OF JUICE | CHOICE OF CEREAL WHOLE GRAIN FRENCH TOAST STICKS PEARS VARIETY OF JUICE | GRAB-N-GO BREAKFAST | CHOICE OF CEREAL WHOLE GRAIN PANCAKE SYRUP PINEAPPLE CHUNKS VARIETY OF JUICE | CHOICE OF CEREAL WHOLE GRAIN DONUTS ORANGE VARIETY OF JUICE |
| 11 | 12 | 13 | 14 | 15 |
| VETERANS DAY | CHOICE OF CEREAL FRENCH TOAST STICKS PINEAPPLE CHUNKS VARIETY OF JUICE | CHOICE OF CEREAL WHOLE GRAIN MUFFIN APPLESAUCE VARIETY OF JUICE | CHOICE OF CEREAL FRUIT AND YOGURT PARFAIT VARIETY OF JUICE | CHOICE OF CEREAL WHOLE GRAIN DONUTS TROPICAL FRUIT VARIETY OF JUICE |
| 18 | 19 | 20 | 22 | 23 |
| CHOICE OF CEREAL FRENCH TOAST STICKS PEARS VARIETY OF JUICE | CHOICE OF CEREAL SAUSAGE PATTY EGG PATTY PINEAPPLE CHUNKS VARIETY OF JUICE | CHOICE OF CEREAL WHOLE GRAIN MUFFIN APPLESAUCE VARIETY OF JUICE | CHOICE OF CEREAL WHOLE GRAIN CINNAMON BUN FRUIT COCKTAIL VARIETY OF JUICE | CHOICE OF CEREAL WHOLE GRAIN DONUTS ORANGE VARIETY OF JUICE |
| 25 | 26 | 27 | 28 | 29 |
| CHOICE OF CEREAL FRENCH TOAST SYRUP APPLE VARIETY OF JUICE | CHOICE OF CEREAL WHOLE GRAIN BAGEL CREAM CHEESE PEARS VARIETY OF JUICE | | THANKSGIVING | |

MENU IS SUBJECT TO CHANGE WITHOUT NOTIFICATION

BREAKFAST

Choice of fat free chocolate
 Choice of low fat white milk!!!